



Breastfeeding Looks Different for Each of Us

2024 Annual WALC Conference
March 7th - 8th 2024

Conference at Oshkosh Convention Center:
2 N Main St, Oshkosh, WI 54901

Hotel Acomodations:
Hilton Garden Inn
1355 W 20th Ave, Oshkosh, WI 54902
(see page 5 for more information)



2024 Speaker Line Up

Kajsa Brimdyr, PhD, CLC

Kajsa is an experienced ethnographer, researcher and international expert in the implementation of continuous, uninterrupted skin-to-skin in the first hour after birth. She is the Lead Ethnographic Researcher for Healthy Children Project, working in many countries, including Egypt, Uganda, Romania, Sweden, and the United States. She is a published author of numerous highly cited articles in peer-reviewed journals. She is an award-winning director of important documentaries and training videos.

Nichelle Clark

Nichelle is an IBCLC with exceptional communication skills, attention to detail, and counseling experience. As US Navy Veteran, she has taken our core values of Honor, Courage, and Commitment and used them to serve breastfeeding/chestfeeding families in Hampton Roads, VA and across the nation.

Rachel Hess, M.S., Postpartum Doula and Trainer (she/her/hers)

As a trainer and facilitator, Rachel works to create a safe learning environment while also challenging folks to examine their assumptions and practices. Rachel believes that with the right support and training, we can ensure that culturally humble care is provided to all parents, at every stage of their parenting journey. Rachel holds a MS from Wheelock College and a BA from Oberlin College. She lives in Boston, MA with her two children.

Patricia Smith, OTRL, IBCLC

Patricia is an internationally board-certified Lactation Consultant and nationally registered and state-licensed Occupational Therapist in Madison, Wisconsin. Her passion is helping families flourish. With her unique set of credentials and niche of holistic assessment, she has cared for thousands of families over the last 20+ years by coming up with solid solutions that allow infants and families to thrive long-term.

Schedule of Events

Thursday March 7, 2024

- 8:50 to 9:00 AM Announcements
- 9:00 to 10:00 AM Kajsa Brimdyr - Connecting the dots with skin-to-skin contact: an examination of full term and preterm behaviors
(1 L CERP)
- 10:00 to 10:15 AM Break (Visit Vendors)
- 10:15 to 11:45 AM Rachel Hess - Supporting LGBTQ/T Families
(1.5 E CERP)
- 11:45 to 12:30 PM Lunch (Visit Vendors)
- 12:30 to 2:30 PM Nichelle Clark - Lactation Education 2hrs/5-minute pause
(2 L CERP)
- 2:30 to 2:50 PM Break (Visit Vendors)
- 2:50 to 3:50 PM Kajsa Brimdyr - The Effect of Common Labor Medications on Newborn Behavior in the First Hour after Birth
(1 L CERP)
- 3:50 to 4:00 PM Break (Visit Vendors)
- 4:00 to 5:00 PM Patricia Smith - Non-Surgical Help with Tongue Tie
(1 L CERP)

Friday March 8, 2024

- 8:20 to 8:30 AM Announcements
- 8:30 to 9:30 AM Nichelle Clark - Pumping Mechanics
(1 L CERP)
- 9:30 to 9:45 AM Break (Visit Vendors)
- 9:45 to 10:45 AM Kajsa Brimdyr - Overcoming Challenges with Cesarean Surgery
(1 L CERP)
- 10:45 to 11:00 AM Break (Visit Vendors)
- 11:00 to 12:00 PM Kajsa Brimdyr - Latest Research Updates
(1 L CERP)
- 12:00 to 1:00 PM Lunch
- 1:00 to 2:00 PM Nichelle Clark - Pumping for Multiples
(1 L CERP)
- 2:00 to 2:15 PM Break
- 2:15 to 3:15 PM Patricia Smith - Digestive Issues
(1 L CERP)

REGISTRATION

	Early Bird (Ends 2/7/2024)	Standard (2/8/2024-2/21/2024)	Procrastinators (After 2/22/2024)
In Person 2-Day	\$230	\$245	\$300
Thursday Only In Person	\$150	\$165	\$200
Friday Only In Person	\$150	\$165	\$200
Virtual 2 Day	\$180	\$190	\$225
Thursday Only Virtual	\$95	\$115	\$140
Friday Only Virtual	\$95	\$115	\$140

In person conference fee includes: Thursday lunch, buffet breakfast & lunch on Friday. Vegetarian & gluten free choices available upon advanced request when registering. Access to virtual conference and access to view for 30 days to receive attendance certificate.

Registration/Cancellations: A confirmation of your registration will be emailed. Cancellations received by February 22, 2024 will receive a full tuition refund less a \$40.00 handling fee. **No fees or refunds will be awarded after that date.**

Continuing Education Credits: This program (in its entirety) has been approved for 11.5 CERPs by IBLCE (10 L CERPs, 1.5 E CERPs). CPEUs have been applied for through the Commission on Dietetic Registration.

BENEFITS OF JOINING WALC

- Four educational meetings per year, most offering CERPs
 - Scholarships for aspiring lactation consultants
 - WALC Grants
 - Networking with other breastfeeding professionals
 - Access to minutes from past meetings and programs
- Visit our website at: www.walc.net for details

MORE CONFERENCE INFORMATION

Babies/Children/Pumping:

Quiet babies in arms are welcome in the conference room. However, to promote a quiet learning environment for all attendees, we are providing a Closed-circuit TV viewing area. This area may be used by those who need to step out with active toddlers, inconsolable babies, or those just wishing to express milk, in a space other than the conference room. This room will be close by and is provided for the conference attendees only.

Conference Room:

Conference room temperature may vary, so bring a sweater or jacket. There are no outlets available for computers, so bring them fully charged.

Conference Planning Committee:

Wendy Sherwood, IBCLC, Committee Chair

Allison Lavery Montag, IBCLC; Angela Hamilton, IBCLC, RDN; Billie Verbruggen, CD, IBCLC, Julie Cushley, RN, IBCLC; Kathie Russell, RN, IBCLC; Marissa Meagher, MPH, CCLS; Polly Karl-Wisdom, RN, BSN, IBCLC; Rachel Rademan, BSN, RNC-EFM, IBCLC; Samantha Metko RDN, IBCLC

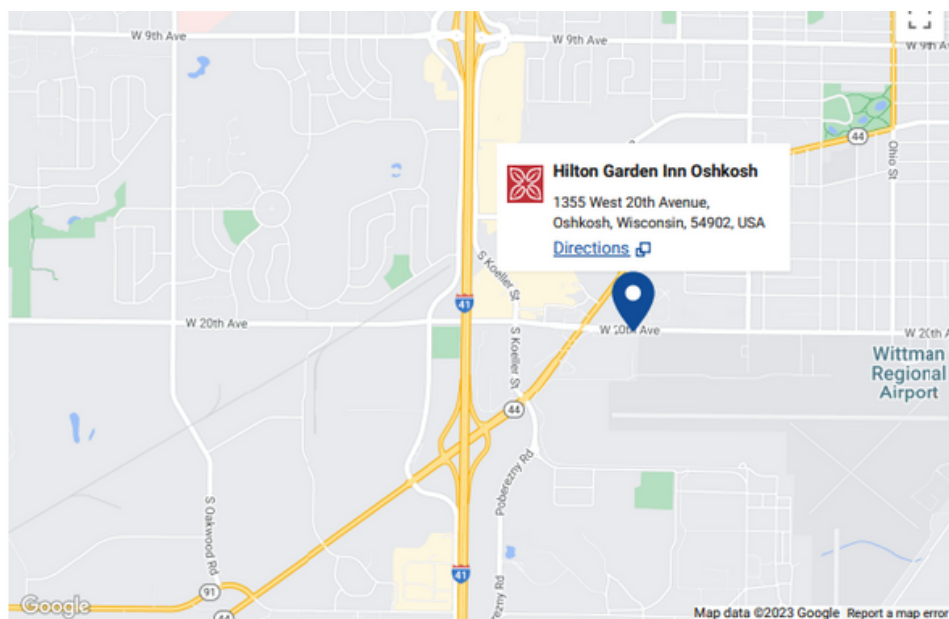
HOTEL INFORMATION

Due to hotel renovations at the convention center, this year a block of rooms has been reserved at the Hilton Garden Inn at the special rate of \$121 per room, single or double.

To get this special rate, make your reservations by phone at Hilton Garden Inn: (920) 966-1300 before February 5, 2024, and specify the WALC Conference.

The Hilton Garden Inn is located at 1355 W 20th Ave, Oshkosh, WI 54902.

The Hilton Garden Inn has an indoor swimming pool, and a 24-hour fitness center. All rooms have a coffee maker, refrigerator and microwave. Check in is at 3 p.m. and check out is at 11:00 a.m.



Directly off of Highways 41(Exit #116) and Hwy 44, the hotel is located on West 20th Avenue on Wittman Regional grounds.