

Wisconsin Association Of Lactation Consultants Conference March 2-3, 2023

Discover New Insights to
Empower Families Throughout Their
Lactation Journey



WALC 2023 Speaker Lineup



Dr. Sekeita Lewis-Johnson is a Board-Certified Family Nurse Practitioner, International Board-Certified Lactation Consultant (IBCLC) and Birth Doula.

Christy Jo Hendricks is an International Board Certified Lactation Consultant (IBCLC), Certified Childbirth Educator (CCCE), Doula, Author and International Speaker.



Summer Kelly is an RN, MS, International Board Certified Lactation Consultant (IBCLC), Executive Director at Mothers' Milk Bank of the Western Great Lakes.

Barbara Haase is a PhD, APRN, CPNP-PC, International Board Certified Lactation Consultant (IBCLC) and Assistant Professor at the UW-Milwaukee College of Nursing.



Kelsie Barta is a Family Nurse Practitioner (FNP) and International Board Certified Lactation Consultant (IBCLC).

WALC Conference

March 2, 2023

- 9:00-10:00 Registration and Vendors
- 10:00– 10:15 Welcome and Announcements
- 10:15– 11:15 The World is Our Audience– Christy Jo Hendricks
- 11:15-11:30 Break/Vendors
- 11:30-12:30 Ethical Consideration for Early Lactation Support– Kelsie Barta
- 12:30– 1:30 Lunch– Grab Bag
- 1:30-2:30 Hospital Based Care: Will We Ever Get Close to Breastfeeding Utopia– Seikita Lewis-Johnson
- 2:30-2:45 Break/Vendors
- 2:45-3:45 Bridging the Gap to Provide a Continuum of Care: Networking and Collaborating–
Christy Jo Hendricks
- 3:45-4:45 The Burnout is Real–Going Above the Call of Duty as Lactation and Birth Professionals–
Seikita Lewis-Johnson
- 4:45-7:30 Dinner On Your Own
- 7:30-9:30 Social Hour– Wine and Desserts



March 3, 2023

- 6:30-7:15 Yoga– Jenny DeDecker
- 7:00-7:50 Breakfast and Vendors
- 7:50-8:00 Welcome and Announcements
- 8:00-9:00 Simplifying Breastfeeding– Christy Jo Hendricks
- 9:00-10:00 The Elephant Often Ignored, Bias and Politics of Artificial Infant Supplementation–
Seikita Lewis-Johnson
- 10:00-10:20 Break/ Vendors
- 10:20-11:20 Lactation Support of Mother/Lactation Parents of Preterm and
Medically Fragile Infants—Barbara Hasse
- 11:20-12:20 Lactation Support, Discharge Planning, Continuity of Care and the Community–
Seikita Lewis-Johnson
- 12:20-1:15 Lunch
- 1:15-2:15 Motivational Interviewing: Enhanced Counseling Skills- Christy Jo Hendricks
- 2:15-3:15 New Research– Summer Kelly



	Early Bird ends 2/2/23	Standard 2/3-2/16	Procrastinators after 2/17/2023
In Person 2 Day	\$230	\$245	\$300
Thursday Only In person	\$150	\$165	\$200
Friday Only In person	\$150	\$165	\$200
Online 2 Day	\$180	\$190	\$225
Online Thursday Only	\$95	\$115	\$140
Online Friday Only	\$95	\$115	\$140

COVID Protocol for conference Attendees

[Stay Up to Date with COVID-19 Vaccines Including Boosters | CDC](#)

[COVID-19 by County | CDC](#)

[COVID-19 Testing: What You Need to Know | CDC](#)

***Wearing masks is a permitted choice in public spaces and is respected by WALC.**

***Consider the Virtual Option, if at risk, or having symptoms related to COVID 19.**

Conference fee includes: Thursday lunch, Thursday evening social, buffet breakfast & lunch on Friday. Vegetarian & gluten free choices available upon advanced request when registering. Access to virtual conference and access to view for 30 days to receive attendance certificate.

Registration/Cancellations: A confirmation of your registration will be emailed. Cancellations received by February 16, 2023 will receive a full tuition refund less a \$35.00 handling fee. No fees will be awarded after that date.

Continuing Education Credits: *This program (in its entirety) has been approved for 11 CERPs by IBLCE (8 L CERPs, 2 E CERPs and 1 R CERP). CPEUs have been applied for through the Commission on Dietetic Registration.*

Babies/Children/Pumping: Maintaining a quiet learning environment for all attendees is paramount. **Quiet babies in arms are welcome in the conference room.** We ask that mothers be attentive to restless infants and step out when necessary to maintain quiet. Closed circuit TV viewing will be provided in a nearby room for mothers with toddlers, noisy babies, and mothers wishing to express milk. For the comfort of mothers nursing or expressing milk, the closed circuit TV room is for women only. Men caring for babies and children will use other areas of the hotel.

Conference room: Conference room temperature may vary, so bring a sweater or jacket. There are no outlets available for computers, so bring them fully charged.

BENEFITS OF JOINING WALC

- Four educational meetings per year, most offering CERPs
- Scholarships for aspiring lactation consultants
- WALC Grants
- Networking with other breastfeeding professionals
- Access to minutes from past meetings and programs

Visit our website at: www.walc.net for details



Hotel Reservations

A block of rooms has been reserved at the special rate of \$105.00 per room, single or double. To get this special rate, make your reservations by phone at Best Western, Premier Waterfront Hotel & Convention Center: (920) 230-1900 or toll free (855)230-1900 before **February 1st, 1 North Main St, Oshkosh**, and specify the WALC Conference. The Best Western has an indoor swimming pool, a spa tub and a 24-hour fitness center. All rooms have a coffee maker, refrigerator and microwave. Check in is at 3 p.m. and check out is at 11:00 a.m.

Website: www.walc.net

Conference Planning Committee:

Wendy Sherwood, IBCLC (Chair), Marty Polzin, LPN, IBCLC, Kathie Russell, RN, IBCLC, Billie Verbruggen, CD, IBCLC, Allison Lavery Montag, IBCLC, Julie Cushley, RN, IBCLC, Jackie Thingvold, CLC, Angela Hamilton, IBCLC.

