



2019 WALC Breastfeeding Conference

This program is intended for professionals interested in improving breastfeeding practices.

Dr. Thomas Hale is the University Distinguished Professor of Pediatrics and Associate Dean of Research at Texas Tech University School of Medicine. He is the founder and director of the Infant Risk Center, a national call center for pregnant and breastfeeding mothers. He holds degrees in Pharmacy and a Ph.D. in Pharmacology and Toxicology and is widely experienced in Pediatric and Breastfeeding Clinical Pharmacology. He is a well-known international lecturer in the pharmacology of lactation and is the author of five books including: Medications and Mothers' Milk, the top-selling drug reference manual in the world. He is considered by many to be one of the world's leading authorities on the use of medications in breastfeeding women.

Summer Kelly brings 14 years of perinatal nursing experience to her role as the Executive Director of the Mothers' Milk Bank of the Western Great Lakes. She holds certifications in lactation, childbirth education, and food safety/preventive controls. She chairs the Accreditation Committee of the Human Milk Banking Association of North America (HMBANA) and serves on HMBANA's Guidelines & Medication Committees. Summer earned her BSN from Rush University and her MS in Biology from Northeastern Illinois University. She is passionate about the amazing bioactive factors of human milk.

Tamara Thompson is an activist, CLC, doula and Childbirth educator in Dane County. Through connections with the African-American Breastfeeding Alliance of Dane County she has become passionate about lactation. She co-founded Harambee Village, a community based organization providing pregnancy, postpartum and breast-feeding direct services to marginalized populations. Tamara is an aspiring Midwife and IBCLC and is actively serving families in their journeys toward pregnancy, birth, and breastfeeding.

Micaela Berry is an Admin Director at Harambee Village and Postpartum Doula. She has also completed certification as an Infant Specialist and is a CLC. With a degree in Early Childhood Development and Art Therapy, Berry has had a multifaceted career and is dedicated to helping families in every season of their parenting.

March 7 & 8, 2019

Best Western Premier Waterfront & Hotel Conference Center
1 Main Street ~ Oshkosh, WI
1.855.230.1900

Thursday



- 9:00 – 9:50 Registration & Exhibits Open
- 9:50 – 10:00 Welcome & Announcements
- 10:00 - 11:30 Using Medications in Breastfeeding ~ Hale
- 11:30 - 12:15 Picnic Lunch
- 12:15 - 1:15 Birth Equity: Why Sociocultural Lactation Support Matters (Part One) ~ Berry & Thompson
- 1:15 - 1:30 Break
- 1:30 -2:45 Mind Blowing Bioactive Properties of Pasteurized Donor Human Milk ~ Kelly
- 2:45 - 3:05 Break
- 3:05 - 4:05 Pharmacotherapy in Breastfeeding Mothers ~ Hale
- 4:05 - 5:05 Milk Banking in the Dairy State ~ Kelly
- 5:05 – 7:30 Dinner
- 5:30 - 6:15 Mindful YOGA w/ Jenny DeDecker, location TBD, (donations welcome)
- 7:30 - 9:30 Social Gathering (Adults only) ~ Dessert ~ Drinks ~ Music ~ Sharing



Friday

- 6:30 - 7:15 Mindful YOGA w/ Jenny DeDecker, location TBD, (donations welcome)
- 7:00 – 8:00 Registration and Buffet Breakfast (Buffet closes at 7:50)
- 8:00 - 10:00 Clinical Aspects of Drug Use & Abuse in Breastfeeding ~ Hale
- 10:00 - 10:30 Announcements & Break
- 10:30 - 11:30 Birth Equity: Why Sociocultural Lactation Support Matters (Part Two) ~ Thompson & Berry
- 11:30 - 12:30 Lunch
- 12:30 - 1:30 Passive immunity Via Lactation: Antibodies Rock! ~ Kelly
- 1:30 - 1:45 BREAK
- 1:45 - 2:45 Antidepressant Medications & Breastfeeding ~ Hale
- 2:45 On-line Evaluations for Certificate of Attendance



Conference Registration Fees

Entire conference: Early bird by February 1 - \$200.00 • Standard by February 15 - \$225.00 • Procrastinators after February 15 - \$250.00

Thursday or Friday only: By February 1 - \$125.00 • by February 15 - \$140.00 • after February 15 - \$160.00

Registration may be done by mail or by credit card online at <https://www.regonline.com/2019walcbreastfeedingconference>. There will be a service fee added to the online registrations to cover the cost. A \$10.00 per person discount is available for WALC members, for people who register by standard price of February 15. Use discount code "member". Registration will be limited to 400 so register early!

Conference fee includes: bound syllabus, Thursday lunch, Thursday evening social (for paid conference registrant only), buffet breakfast & lunch on Friday. Vegetarian & gluten free choices available upon **advanced request** (see registration form below).

Registration/Cancellations: Mailed forms must be accompanied by payment and must be postmarked by the dates listed above to pay the designated fees. A confirmation of your registration will be emailed. Cancellations received by February 15, 2019 will receive a full tuition refund less a \$35.00 handling fee. No fees will be refunded after that date.

Continuing Education Credits: 10.75 CERPs will be awarded for full attendance (1 e CERPS, 5.75 total on Thursday & 1 e CERP, 5.0 total on Friday). CPEs have been applied for through the American Dietetic Association.

Bookstore: WALC will once again be providing the bookstore. Check or cash is preferred, but credit cards will be accepted.

Babies/Children/Pumping: Maintaining a quiet learning environment for all attendees is paramount. **Quiet babies in arms are welcome in the conference room.** We ask that mothers be attentive to restless infants and step out when necessary to maintain quiet. Closed circuit TV viewing will be provided in a nearby room for mothers with toddlers, noisy babies, and mothers wishing to express milk. For the comfort of mothers nursing or expressing milk, the closed circuit TV room is for women only. Men caring for babies and children will use other areas of the hotel.

Conference room: Conference room temperature may vary, so bring a sweater or jacket. There are no outlets available for computers, so bring them fully charged.



Registration Form for WALC 2019 ~ Breastfeeding Conference

Name: _____ Credentials (for name tag): _____

Place of Employment/Affiliation: _____

Email: _____ Home Address: _____

City: _____ State: _____ Zip: _____

Phone: Preferred: _____ Alternate: _____

Send check payable to WALC
with registration form to:
WALC Conference
Sandy Testin
218 East Lake Street
Waupaca, WI 54981
Email confirmation of
registration will be sent.

Special dietary needs please indicate: ☐ gluten free or ☐ vegetarian

If one day only please indicate: ☐ Thursday or ☐ Friday

Registration fee (see above) \$ _____

A \$10.00 per person discount is available for WALC members through 2/15/19 \$ _____

Total conference fee \$ _____

Join WALC or renew membership (valid 2/28/20), add \$20.00 to the conference fee \$ _____

Total amount enclosed \$ _____

Please fill out the following if joining or renewing your WALC membership:

☐ ILCA member, ☐ USCLA Member, ☐ IBCLC

Volunteer interest: ☐ WALC Conference, ☐ WALC Conference Committee, ☐ Officer, ☐ Other: _____

WALC
c/o Sandy Testin
218 East Lake Street
Waupaca, WI 54918

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Green Bay, WI
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Registration form inside!

Hotel Reservations

A block of rooms has been reserved at the special rate of \$97.99 per room, single or double. To get this special rate, make your reservations by phone at Best Western Premier Waterfront Hotel & Convention Center: (920) 230-1900 or toll free (855) 230-1900 before **February 10th** and specify the WALC Conference. The Best Western has an indoor swimming pool, a spa tub and a 24-hour fitness center. All rooms have a coffee maker, refrigerator and microwave. Check in is at 3 p.m. and check out is at 11:00 a.m.

Further Information

Sandy Testin, 218 East Lake Street, Waupaca, WI 54981
Phone: (715) 258-7510 Email: SandyTestin@gmail.com

Website: www.walc.net

Conference Planning Committee: Jennifer Statz, RN, IBCLC (Chair), Janet Godshall, RN, IBCLC, Roxanne Gollata, RN, IBCLC, Beth Metsa, CD, CLS, Marty Polzin, LPN, IBCLC, Kathie Russell, RN, IBCLC, Wendy Sherwood, LPN, IBCLC, Sandy Testin, RN, IBCLC, Billie Verbruggen, CD, IBCLC

