Wisconsin Association of Lactation Consultants

WALC Meeting

Tuesday, May 15, 2012 St. Mary's Hospital Rhinelander, WI

- I. 9:30 Registration and Social
- II. 10:00 "Using a physiologic approach to help mothers with low milk supply" presentation. (2 L-CERP's) By Jennifer Thomas, MD, MPH, IBCLC, FAAP, FABM
- III. 12:00 Lunch (\$7/person) exact change appreciated.
- IV. Northwood's Breastfeeding Coalition update by Debra Durschlag, IBCLC

WI Nutrition & Physical Activity & Obesity Prevention Grant:

Spring 2010 wrote for competitive obesity grant, one of 13 grantees, two of which focused on breastfeeding. Goal: increase breastfeeding exclusivity in two hospitals by Dec. 31st, 2011; by identifying key stakeholders in creating change. 2nd objective: each hospital will write implementation plan. Success! Both hospitals implemented plan. Debra is willing to share materials & resources. Exclusive breastfeeding rates improved significantly!

V. 12:30 Business Meeting

- a. Called to order at 12:55.
- b. Introduction of members present.
- c. Discussion of resources from Larry Kotlow, DDS. Booklet shared with members by Becky Krumwiede. A link will be posted on the WALC website to Dr. Kotlow's site and the YouTube video regarding tongue tie.
- d. Approval of meeting minutes from January 20th, 2012. Motion made by Becky Krumwiede, 2nd by Sandy Testin.
- e. Treasurers report –Kathie Russell shared current balance in money market account is \$10,100 and checking account is about \$25,000; prior to today's meeting expenses. WALC conference was very successful, again this year.
- f. Programs –Jenni Johnson shared upcoming meetings: September tentatively in Janesville, with Hershey & Dalvery speaking about connecting with African American women. November 21st at Columbia St. Mary's in Milwaukee, Julia Stefanski, Registered Dietician, will be speaking about breastfeeding after bariatric surgery. January 18th, 2013 will be offered to Mauston. May 21st, 2013 or September will be Rice Lake.
- g. Membership –Sandy Testin provides update regarding new members and overall membership.

- h. USLCA update –Brook Murphy provides update regarding difficulty getting CERP's thru USLCA. Plan to go to IBCLE for long-term CERP needs.
- i. WALC conference report –Sandy Testin updates regarding successful conference, working on speakers for next year, able to register for hotel as of now for 2013, plan to offer credit card payment.
- i. Old business
 - Scholarship Grant Application Form –Brook Murphy provides discussion regarding goals of scholarship grants, form developed and will be posted on the WALC website. Deadline will be May 1st of each year for applications. Requests will be honored as funds are available, based on need. For 2012, requests will be reviewed at September 2012 meeting due to recent adoption of this form.
 - 2. Breastfeeding walk/run/golf outing on Saturday, August 11th, 2012. Sponsorship, live auction, raffle baskets discussed. Contact Jill Bohn.
 - 3. Donor Milk documentary: trailer reviewed. By King West Pictures. Link is on the WALC Facebook page.

k. New business

- 1. Debra Durchslag asks if WALC is going to join the Wisconsin Breastfeeding Coalition. Benefits include showing solidarity regarding our goals and purposes. Kathie Russell makes a motion to join WBC as a coalition, Jenni Johnson seconds motion. Debra Thorstenson asks if reimbursement will be included for the representative to travel and attend meetings. Kathie amends motion to include travel and expenses for the representative, Jenni seconds motion. All in favor.
- 2. Becky Krumwiede shares update regarding Josephine in Uganda. Josephine has attended conferences with sponsorship by Amanda Ogden from Colorado. WALC will pay for Josephine's plane ticket to and from Uganda.
- 1. Meeting adjourned at 13:42.

Thank you to St. Mary's Hospital for hosting today's meeting. Next WALC meeting is Friday, September 21st, 2012 in Janesville.