

# Kangaroula Training by Jill Bergman with Dr. Nils Bergman



**April 4-5, 2020**

Registration 8:30 a.m. Saturday, April 4th

Conference 9 a.m. to 5 p.m. Saturday, April 4th and Sunday, April 5th

**Lakeview Hospital**

927 Churchill Street West

Stillwater, MN 55082

**Who should attend:** Doulas, Lactation Consultants, Maternal Child healthcare workers and all SCN/NICU staff

Gain comfort in supporting mothers and infants in Kangaroo Mother Care (skin to skin contact)

Increase your awareness of maternal and infant neurodevelopment.

Kangaroo Mother Care (KMC) stabilizes mother and baby, promotes bonding and greater success breastfeeding.



Jill Bergman, author of *Hold Your*

*Premie*, a noted birth advocate, educator and originator of Kangaroula® provides expert training for Doulas, RNs, and others who work in maternal-child health.

In collaboration with her husband Dr Nils Bergman, she offers vital information and experiential training for caregivers worldwide.

Dr. Nils Bergman keynotes the seminar with a presentation on the neuroscientific basis for skin-to-skin care and will be part of the facilitation team throughout both days.

**Workshop fee:** \$330.00 includes two days of training, Jill's book "Hold Your Premie", materials and nutritious snacks. Price will increase to \$390.00 on March 1st, 2020.

<https://mcclarkconsulting.com/kangaroula-training-by-jill-bergman/>