**Best for Baby**

**The Neuroscience of Birth**

**With Dr. Nils Bergman**

Friday, April 3rd, 2020

9 a.m. to 5 p.m.

**Lake Elmo Inn**
3442 Lake Elmo Ave N.
Lake Elmo, MN 55042

Cost: $180

This presentation will share the scientific evidence for maternal-infant skin-to-skin contact and the case for zero separation.  We will also discuss practical ways to provide a neurologically supportive labor and delivery unit and NICU environment

**Guest Speaker:**

Dr. Nils Bergman, a Swedish specialist in perinatal neuroscience, now also called nurturescience, is one of the founders of the Kangaroo Mother Care (KMC) movement and a promoter of skin-to-skin contact and early breastfeeding

<https://mcclarkconsulting.com/best-for-baby/>