Marsha Walker, RN, IBCLC

Marsha maintained a large clinical practice at a major HMO in Massachusetts. She is a published author and international speaker. Consulting with hospitals, providing in-service presentations, speaking at conferences and workshops and advocating for breastfeeding at the state and federal levels occupy her professional time. She is currently on the board of directors of the Massachusetts Lactation Consultant Association and is the Executive Director of the National Alliance for Breastfeeding Advocacy.

Sue Vaughan Kratz, OT

Sue has 36 years of Occupational Therapy Experience. As a CranioSacral Therapist, Sue uses a neuro-developmental approach to function, manually assessing and treating the body as a whole, to successfully improve oral motor function. Sue is credentialed with the following certifications in: Sensory Integration, Neuro-Developmental Therapy, Cranio-Sacral Therapy and the Listening Program from the Advance Brain Institute.

Sara Chana Silverstein, IBCLC, RH (AGH)

Sara Chana is a Master Herbalist, Classical Homeopath and IBCLC. She is also a businesswoman, author, adult education teacher, columnist, community advocate for women and children, a wife and mother of seven children. Sara Chana is a consultant to many obstetricians, midwives and pediatricians and she guest lectures at medical schools. As a TV personality, Sara Chana can be seen on all the major networks and is interviewed on radio and podcasts across the country.

March 5 & 6, 2020
Thursday March 5, 2020

8:30 - 9:45  Registration and Vendors open
9:45 - 10:00  Announcements and Introductions
10:00 - 11:30  Herbal Medicine with Breastfeeding, is it Helpful?  Sara Chana Silverstein
11:30 - 12:15  Lunch
12:15 - 1:30  Nipple Shield: Useful or Useless?  Marsha Walker
1:30 - 2:00  Break
2:00 - 3:15  Breastmilk Too Little and Not Enough  Sara Chana Silverstein
3:15 - 3:30  Break
3:30 - 4:30  Mammary Dysbiosis: Probiotics, Vibration and Turmeric  Marsha Walker
4:30 - 7:30  Dinner on your Own
4:50-5:35  Mindful Yoga/with Jenny DeDecker ~ Winnebago Room, (Donations Encouraged)
7:30 - 9:30  Evening Social ~ Desserts ~ Drinks ~ Music ~ Sharing (Conference Center)

Conference Participants Only

Friday March 6, 2020

6:30 - 7:15  Mindful Yoga/with Jenny DeDecker ~ Winnebago Room, (Donations Encouraged)
7:00 - 8:00  Registrations and Buffet Breakfast (Buffet closes at 7:50)
8:00 - 9:00  Painful Nipples and Wound Healing  Sara Chana Silverstein
9:00 - 9:30  Break
9:30 - 10:45  Breastfeeding and Obesity  Marsha Walker
10:45 - 11:00  Break
11:00 - 12:00  Combining Neurodevelopmental, Craniosacral and Sensory Integrative Therapies to Promote Normal Suck Patterns in the Non-Medically Fragile Infant, Part 1  Sue Vaughan Kratz
12:00 - 1:00  Lunch
1:00 - 2:00  Part 2  Sue Vaughan Kratz
2:00 - 2:15  Break
2:15 - 3:15  Top Ten New Lactation Tidbits  Marsha Walker
3:15  On-line Evaluations for Certificate of Attendance
Conference Registration Fees

Entire conference: Early bird by January 30, 2020 - $200.00 • Standard by February 13, 2020 - $225.00 • Procrastinators after February 13, 2020 - $250.00

Thursday or Friday only: By January 30 - $125.00 • by February 13 - $140.00 • after February 13 - $160.00

Registration may be done by mail or by credit card online at https://walc2020breastfeedingconference.eventbrite.com. A convenience fee will be applied for online registration. A $10.00 discount will be applied for WALC members who register by February 13. Use discount code “member”. Registration will be limited to 400 so register early!

Conference fee includes: bound syllabus, Thursday lunch, Thursday evening social (for paid conference registrant only), Friday buffet breakfast & lunch. Vegan and gluten-free choices available upon advanced request (see registration form below). Meals are vegetarian friendly.

Registration/Cancellations:

Mailed forms must be accompanied by payment and must be postmarked by the dates listed above to pay the designated fees. A confirmation of your registration will be emailed. Cancellations received by February 13, 2020 will receive a full tuition refund less a $35.00 handling fee. No fees will be refunded after that date.

Continuing Education Credits:

10.25 LCERPs will be awarded for full attendance.

Bookstore:

WALC will once again be providing the bookstore. Check or cash is preferred, but credit cards will be accepted.

Babies/Children/Pumping:

Maintaining a quiet learning environment for all attendees is paramount. Quiet babies in arms are welcome in the conference room. We ask that mothers be attentive to restless infants and step out when necessary to maintain quiet. Closed circuit TV viewing will be provided in a nearby room for mothers with toddlers, noisy babies, and mothers wishing to express milk. For the comfort of mothers nursing or expressing milk, the closed circuit TV room is for women only. Men caring for babies and children may use other areas of the hotel.

Conference room: Conference room temperature may vary, so bring a sweater or jacket. There are no outlets available for computers, so bring them fully charged.

---

Registration Form for WALC 2020 ~ Breastfeeding Conference

Name: __________________________ Credits (for name tag): __________________________

Place of Employment/Affiliation: __________________________

Email: __________________________ Home Address: __________________________

City: __________ State: __________ Zip: __________ Phone __________ Alternate __________

Special dietary needs please indicate: □ gluten free or □ vegan

If one day only please indicate: □ Thursday or □ Friday

Registration fee (see above) $ __________

A $10.00 discount is available to WALC members through 2/13/20 $ __________

Total conference fee $ __________

Join WALC or renew membership (valid 2/28/21), add $20.00 to the conference fee $ __________

Total amount enclosed $ __________

Send a check payable to WALC with registration form to:

WALC Conference
Sandy Testin
218 East Lake Street
Waupaca, WI 54981

Email Confirmation of registration will be sent.

Please fill out the following if joining or renewing your WALC membership:

□ ILCA member, □ USCLA Member, □ IBCLC

Volunteer interest: □ WALC Conference, □ WALC Conference Committee, □ Officer, □ Other: __________________________

---
Registration form inside!

**Hotel Reservations**
A block of rooms has been reserved at the special rate of $99.99 per room, single or double. To get this special rate, make your reservations by phone at Best Western Premier Waterfront Hotel & Convention Center: (920) 230-1900 or toll free (855) 230-1900 before **February 10th** and specify the WACL Conference. The Best Western has an indoor swimming pool, a spa tub and a 24-hour fitness center. All rooms have a coffee maker, refrigerator and microwave. Check in is at 3 p.m. and check out is at 11:00 a.m.

**Further Information**
Sandy Testin, 218 East Lake Street, Waupaca, WI 54981

**Email:** SandyTestin@gmail.com, Phone: (715) 258-7510
Website: www.walc.net

**Conference Planning Committee:** Wendy Sherwood IBCLC, Janet Godshall, RN, IBCLC, Marty Polzin, LPN, IBCLC, Kathie Russell, RN, IBCLC, Sandy Testin, RN, IBCLC, Billie Verbruggen, CD, IBCLC, Kristen Lee, DC,CLC, Samantha Metko, RD, IBCLC