

WALC Business Meeting

Tuesday, November 17th, 2015

La Crosse, WI

- I. Call to order at 1229 by President Jill Bohn. The following were present: Karen Anderson, Jackie Bishofksy, Lisa Brock, Mary Jo Coleman, Terri Funk, Kimberly Gunn, Beth Hietpas, Jenni Johnson, Angela Lang, Allison Laverty Montag, Heidi Lynch, Kathie Russell, Emily Stanton, Sandy Testin, Scarlet Welander, Kim Welvaert and Crystal Zimmerman.
- II. Thanks to Jennifer Meyers, CNM for her presentation on Breastfeeding & Contraception. 2 CERPS were awarded with 38 present. Thanks to Mayo Clinic Health System Franciscan Healthcare for hosting.
- III. September meeting minutes were reviewed. No additions or corrections. Motion made to approve as written by Kathie, 2nd by Angela, all in favor.
- IV. Treasurer's Report by Kathie Russell.
 - a. Checking Account \$19,563.48 and money market account with only changes of added interest since September meeting.
 - b. Approximately \$500 profit from the September UC Davis program.
 - c. Grants paid out, see Old Business section for details.
 - d. Travel expenses paid for speakers at our WALC conference in March 2016.
- V. Membership Report by Sandy Testin.
 - a. 208 members
 - b. This is the highest our membership has ever been.
- VI. USCLA Report by Lisa Brock.
 - a. USCLA Group membership discount deadline 12/1/2015. <https://uslca.org/join>
Attendees today can give Kathie the \$69 or mail it to her. Allison will put the link on WALC web site. <http://www.walc.net/>
 - b. ILCA is no longer offering a group discount.
<http://www.ilca.org/i4a/pages/index.cfm?pageid=3361>
 - c. Not able to pay 1 fee to belong to both ILCA and USCLA. Discussion about how if needing to do 1 or the other, that in the United States, most are choosing to belong to USCLA vs. ILCA. Majority in the room, when asked, were members of both ILCA and USCLA.
 - d. Lisa explained the decision of the USCLA breaking away from ILCA due to different focuses.
 - e. Next ILCA conference will be held July 20th-23rd, 2016 at the Sheraton Chicago Hotel & Towers in Chicago, Illinois. Then July 19th-22nd, 2017 at the Sheraton Centre Toronto Hotel in Toronto, Ontario, Canada.
 - f. Next USCLA conference will be in San Antonio, Texas. USCLA holds a conference when ILCA's conference is out of the United States.

VII. Programs Report by Heidi Lynch.

- a. Currently, we do 4 meetings, various areas of Wisconsin and then our conference. If a member attends all events every year, then will be able to recertify by CERPS for IBCLC. With winter in Wisconsin, the WALC Board is always concerned about bringing in speakers and having members travel to due to possible poor weather conditions. Discussed use of a taped webinar in the situation where a speaker couldn't get to the venue. Would anyone travel to a meeting if they knew it was going to be a taped webinar? Don't want to lose the networking of in person meetings. Since we had a positive experience with our September UC Davis training, possibly look at having 2 regional meetings vs. 4 small meetings/year? Are members accessing online resources for their CERPS? Proposed to do a Survey Monkey to ask our membership. This will be evaluated by the WALC Board at the January meeting.
- b. Lisa will confirm with USCLA about utilizing our free webinar(s) that we receive through our chapter membership. She reported that a goal of USCLA is have regional meetings.
- c. Currently on the calendar for 2016:
 1. Tuesday, January 15th in Green Bay on Community Outreach to Support Breastfeeding. Details to be determined and will be posted on the WALC web site.
 2. Friday, May 17th in Madison on Relactation. Details to be determined and will be posted on the WALC web site.
 3. Tuesday, September 16th, looking at a ½ day program on Vitamin D and Cultural Aspects in Appleton. Details to be determined and will be posted on the WALC web site.
- d. Angela will be taking over this role in 2016.

VIII. WALC Conference

- a. March 3rd and 4th, 2016 at the Best Western Premier Waterfront Hotel & Conference Center in Oshkosh, WI. <http://oshkoshwaterfronthotel.com/>
 1. Reason for changing location was that we outgrew Appleton. Last year we had 370 attendees.
 2. Changing locations every year has been discussed but dismissed due to the challenge of working with new hotel staff every time.
- b. Online and paper registration available 12/1/2015. We will be capping registrations at 400.
- c. Speakers:
 1. Kajsa Brimdyr, PhD, CLC http://www.magicalhour.com/meet_the_experts.html
*Speaking on the following: skin to skin after birth, sustainable changes to hospital practice, labor medications and newborn behavior.
 2. Liz Brooks, JD, IBCLC, FILCA <http://www.lizbrooksibclc.com/>
*Speaking on the following: cases from a home visiting IBCLC, avoiding legal and ethical jeopardy, modern families-ethics-law.
 3. Jennifer Thomas, MD, MPH, IBCLC, FAAP, FABM <http://www.drjen4kids.com/>
*Speaking on the following: low milk supply and maternal obesity, epigenetics & breastfeeding, fussy baby.

- d. 10.75 CERPS (8.5 L and 2.25 E)
 - e. New this year will be online evaluations.
- IX. Old Business
- a. Grants (which will be posted on the WALC web site by Allison)
 - 1. African American Breastfeeding Network (AABN)
 - *\$1,000 for transportation to/from their meetings.
 - 2. Josephine Nalugo from Uganda
 - *\$300 to help raise awareness and funds for her work with breastfeeding families.
 - *Continue to pay for Josephine's ILCA membership.
 - 3. Breastfeeding Alliance of Northeast Wisconsin (BFAN)
 - *\$1,350 for use in their Breastfeeding Friendly Childcare Initiative.
 - 4. Mother's Milk Bank of the Western Great Lakes <http://milkbankwgl.org/>
 - *\$3,000
 - *Lisa who is on the Board of MMBWGL explained the bereavement process of donating milk.
- X. New Business
- a. Mother's Milk Bank of the Western Great Lakes <http://milkbankwgl.org/>
 - 1. Grand opening was on Saturday, 11/14/2015.
 - 2. Still going through the accreditation process. Once officially taking milk, there will be a post on the WALC web site. Until then, obtaining from the Milk Bank in Indiana. <http://www.themilkbank.org/>
 - 3. The web site for the Human Milk Banking Association of North America <https://www.hmbana.org/>
 - b. Legislation & Licensure
 - 1. Angela sent out an email to those interested after last year's WALC conference but she never received any responses.
 - 2. Long discussion about the whole process. Need to have members interested in taking this on.
 - c. The position of Secretary will be up for election in 2016. If interested, please contact Allison. A notice will be posted on the WALC web site.
 - d. Next meeting is Friday, January 15th, 2016 in Green Bay.

Meeting adjourned.

Meeting minutes respectfully submitted by Kim Welvaert.