



Interdisciplinary Summit to Enhance Newborn Outcomes Through Skin to Skin Care

A Day with Nils Bergman—Schedule of Events

- 8:00-8:15 Welcome and Introductions
8:15-9:45 The Science and Evidence Base for Skin-to-Skin Contact
9:45-10:15 Break
10:15-11:45 Kangaroo Mother Care: Restoring the Original Paradigm for Infant Care
11:45-12:00 Question and Answer Session
12:00-1:00 Networking Lunch: Improving Skin-to-Skin in Your World
1:00-2:30 Neurologically Supportive Birth and NICU Environments
2:30-3:00 Break
3:00-4:15 Implementation Issues in Support of Baby Friendly Hospitals
4:15-4:30 Question and Answer Session
4:30 Wrap Up

Woodwinds Health Campus
1925 Woodwinds Drive
Woodbury MN: October 23, 2013

Click [here](#) for directions.

Registration includes materials and lunch
Early Bird : \$125 (must register before 9/23)
Registration: \$175

Register online at: <http://www.imbirthconsultants.com/>

The Science and Evidence Base for Skin-to-Skin Contact

Identify key elements of developmental neuroscience. Explain the reproductive behavior common to mammals and humans. Recognize separation behaviors in premature infants, newborns and adults. Contrast the physiology of normal versus separated newborn infants.

Kangaroo Mother Care: Restoring the Original Paradigm for Infant Care

Review the “evolution” of Western neonatal care . Describe the clinical significance of ‘birth skin-to-skin contact’. Relate the findings and significance of the first study on “birth skin-to-skin contact”. Interpret research results on the basis of recent neuroscience. Describe the relevance of neuroscience to the early neonatal period.

Neurologically Supportive Birth and NICU Environments

Understand developmental continuity and adapt practice to developmental needs. Relate additional neuroscience processes that impact breastfeeding. Describe the sensory capabilities of the fetus and newborn. Start implementation of better perinatal practices.

Implementation Issues in Support of Baby Friendly Hospitals

See KMC as a part of the broader scope of health care. Describe how marketing works. Apply marketing principles to own context, and make an implementation plan. Illustrations from around the world.

Networking Lunch & Question and Answer Sessions

Interactive session. Discuss breastfeeding topics of current concern to the participants; observe the integration of new information and resources to address breastfeeding problems.

Target audience

Health Care Providers, MD’s, DO’s, NP’s, PA’s,
NICU/Pediatric/L&D/Mother-Baby Nurses,
IBCLC’s, Midwives, Clinic Nurses, WIC/Public
Health Nurses, Hospital/Nursing Administration,
Birth and Postpartum Doulas, Childbirth Educa-
tors, Social Workers, LaLache League Leaders,
Birth and Breastfeeding Advocates

DR NILS BERGMAN, MD, MPH, PHD IS ONE OF THE LEADING RESEARCHERS ON KANGAROO MOTHER CARE OR SKIN-TO-SKIN CONTACT. HE REGARDS MATERNAL-INFANT SKIN-TO-SKIN CONTACT AS A FIRST AND CRITICAL INTERVENTION IN PERINATOLOGY, WITH BROAD PUBLIC HEALTH IMPACTS AND IMPLICATIONS AS WELL AS THE NEUROLOGICAL PRE-REQUISITE TO SUCCESSFUL BREASTFEEDING, WITH NEONATAL AND OBSTETRIC CARE RE-ORIENTING ITS PURPOSE TO MAINTAINING THE INTEGRITY OF THE MOTHER-INFANT DYAD.



Application for CERPs has been submitted to the International Board of Lactation Consultant Examiners.