

Rational use of Supplements- The journey towards best practice

Marine Green RN, MSN, IBCLC

This was a presentation on how Children's and Women's Hospital and Health Care Center Vancouver B.C. is working on Step 6 and goal of exclusive breastfeeding.

They have established a multi-disciplinary team guiding the work of the Baby Friendly process. Since BFHI is a quality improvement process They are using PDSA , Plan Do Study Act. Their guiding philosophy is "What can we do by next Tuesday"

Looking at supplementation they had both parents and staff misinformation .

Looked at changing staff practice. Positive communication.

Stronger emphasis for parents on importance of Exclusive breastfeeding.

Accessibility of formula,

The presentation gave some very creative tools to achieve change which I have implemented at our hospital and will share samples at meeting.